



Lab Pre-Registration Form

Valley County Health System 2024 Health Fair : Boardwalk To Better Health
Tuesday, June 18, 2024 - 6 - 10 a.m. - VCHS, 2707 L Street, Ord

First Name: _____ Middle Initial: _____ Last Name: _____

Date of Birth: _____ Gender: M F
(Month/Day/Year)

Address: _____
(Street or PO BOX) (City) (State) (Zip)

Phone: _____ Email: _____

The following lab tests are offered during the VCHS Health Fair. Please indicate which tests you would like performed.

_____ **Health Screen (\$35)**

Comprehensive Metabolic Panel and Total Lipid Profile (Cholesterol, Triglyceride, HDL, and LDL)

This screening measures total cholesterol, glucose, and chemical imbalances of the kidney, liver, and heart.

TSH for Thyroid Screen

This test is used to detect problems affecting the thyroid gland. Thyroid gland is an essential organ responsible for producing hormones that help control the body's metabolism.

Complete Blood Count

This test gives a variety of information about the kind of cells in the body, including red blood cells, white blood cells, and platelets.

_____ **HBA1c for Diabetes Screen (\$20)**

This test detects the average blood sugar level over six to eight weeks.

_____ **PSA (\$15)**

A screening test for prostate cancer for males. Recommended for men age 50 with average risk and men age 40 with higher risk.

_____ **Protime (\$10)**

For patients on Warfarin. This test is used to determine the clotting tendency of blood, in the measure of warfarin dosage, liver damage and vitamin K status.

Fasting is necessary prior to the blood chemistry draw, including caffeine or decaf coffee. You may drink water. Breakfast will be served, so you may eat after your blood is drawn. Results will be mailed to participants within a week to the address provided.

Test fees cover the cost of screening supplies. Fees will be collected when at the Health Fair. **Insurance doesn't cover these tests.**

Return completed form to VCHS, c/o Megan Johnson, 2707 L St., Ord, NE 68862, or visit www.valleycountyhealthsystem.org, complete form, and email to mjohnson@vchsne.org.



Questions? Contact VCHS PR/Marketing Manager Megan Johnson at 308.728.4356 or mjohnson@vchsne.org